



4/8/2020

Dear Residents, Families, and Friends,

As the country continues to progress through the coronavirus (COVID-19) pandemic, we are continuing to adapt to provide a comfortable environment while attempting to limit the spread of the virus. With the reports of the apex of the virus nearing, Paramount will be implementing an additional measure that requires your assistance.

As of 4/9/2020, we will not be accepting any outside food or beverages from family members and/or friends of our residents. We will reevaluate accepting food and beverages at the end of April and will communicate any changes at that time. Please do not drop off or ship any food or beverages to your Paramount location. With the spread of COVID-19 worsening and varying research regarding COVID-19 lifespan on surfaces, we feel this an additional step we need to take in a further attempt to limit the spread of the virus.

We have a wide variety of food and beverages available for all of our residents. We have also increased the selection and availability of light meals, snacks and beverages throughout the day. Paramount will be as accommodating as possible through this difficult time.

Also, at this time residents will be sheltering in place within their room. If a resident must come out of their room a mask/facial barrier will be provided for them to wear. In addition to our doorway group activities, supervised small group activities of 5 residents or less will still be scheduled outside of resident rooms ensuring proper social distancing. Residents participating in those activities will be provided a mask/facial barrier. For our residents residing on secured memory care units, we will shelter in place as appropriate and continue to promote social distancing.

We understand the upcoming weekend will present all of us with the uprooting of many family traditions. With that said, through the remainder of this week and weekend, we will be featuring additional holiday themed crafts and treats, traditional holiday menus, and time for holiday worship.

We appreciate your cooperation and communication as all of us continue to battle COVID-19. If you have further questions, I encourage you to please reach out to your Executive Director via email so we can respond in a timely fashion.

Sincerely,

Rocco J. Palladini, DPT
Regional Director of Operations